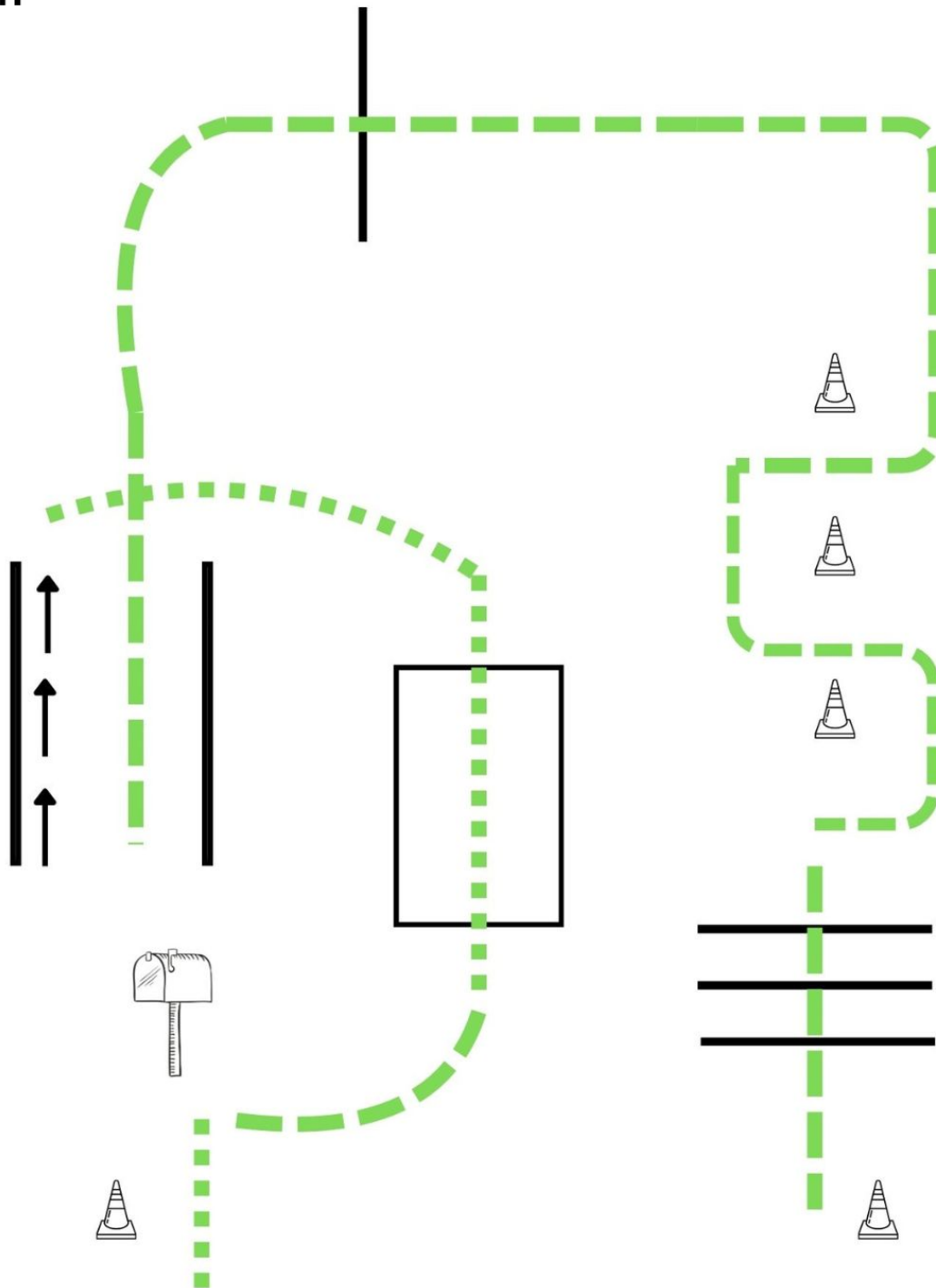


# Walk Trot Trail Pattern



1. Walk over poles ( 2ft apart)
2. Jog cones as shown ( 7ft apart)
3. Jog over pole and into back up
4. back up and back out
5. Turn and walk over bridge
6. jog to mail box, STOP. get mail.
7. Exit pattern at a walk

